

WEYMOUTH ENDOSCOPY
POST ENDOSCOPY INSTRUCTIONS

1. You have just undergone an endoscopic procedure that is usually performed with conscious sedation. You should plan to rest at home for the next 16-24 hours.
 2. Do not plan on working or operating any kind of machinery (including a car) for at least 12-16 hours. The sedation you received requires this amount of time to leave your system. It is also advisable that someone be at home to assist you during this time.
 3. You should eat lightly for the next 24 hours unless otherwise advised from your physician.
 4. Please resume taking any regular medications unless otherwise advised by your physician. Please begin any new medication prescribed as a result of your procedure as directed by your physician. If you had any biopsy or polyp removed please refrain from aspirin or aspirin products for two weeks. For example: Alka-Seltzer, Bufferin, Aleve, Ibuprofen and some anti-inflammatory medications. If you are unsure if a medication contains aspirin or any of the above, please check with your pharmacist. You may take Tylenol as needed. Coumadin may be resumed on _____.
 5. You may expect to have mild abdominal discomfort. This is because air is used to inflate the intestinal tract for the examination. You should walk around and attempt to pass this air as soon as possible. In addition, it is normal to have a mild sore throat after a gastroscopy. Other symptoms may develop that should be reported immediately to your physician. These include:
 - A. Gastroscopy: Shoulder, back or chest pain.
Difficulty breathing or swallowing
Vomiting blood
 - B. Colonoscopy: Abdominal pain that persists, is increasing or is worse with moving around
Fever, chills or rigors
Passage of blood with bowel movements
 6. If your physician has obtained a sample of tissue for biopsy, you will be notified when the results are available. This can take up to one week.
 7. Please call your physician or Weymouth Endoscopy at 781-331-2922 with any questions or concerns.
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